



NEW VIBES FORM

| STAFF USE ONLY | | | | | |
|-----------------|----------|----|---------|-------|-------|
| DATE | | | | | |
| STAFF | INITIALS | | | | |
| PAYMENT MEATHOD | | | | | |
| CC | DB | CA | DROP-IN | INTRO | KARMA |

| | |
|-----------------------------|-----------|
| FIRST NAME | LAST NAME |
| HOME ADDRESS | |
| CITY, PROVINCE, POSTAL CODE | |
| PHONE NUMBER | DOB |
| EMAIL | |
| HOW DID YOU HEAR ABOUT US? | |

EMERGENCY CONTACT

| | |
|---|-----------------------------|
| EMERGENCY CONTACT FIRST NAME | EMERGENCY CONTACT LAST NAME |
| NAME RELATIONSHIP | |
| EMERGENCY CONTACT PHONE NUMBER | |
| ARE THERE ANY INJURIES, AILMENTS, OR MEDICATIONS THAT WE SHOULD KNOW ABOUT? | |
| | |
| | |



NEW VIBES FORM

I, _____, understand and agree to the following:
(print name)

- Any type of yoga requires physical exertion that may be strenuous and may cause physical injury, and I am fully aware of the risks and hazards involved.
- It is my responsibility to consult with a physician prior to and regarding my participation in any yoga class/workshop. I represent and warrant that I am physically fit and have no psychological, medical or emotional condition that would prevent me from safe participation in any yoga class/workshop.
- Instructors may provide physical adjustments during class. It is my responsibility to inform the instructor at the beginning of class if I do not want such physical adjustments. It is also my responsibility to inform the instructor when an adjustment has gone as far as I desire at that time.
- Class passes expire one year after first use.
- I release and discharge Mountain Yoga o/a VIBE Yoga, Pilates, Barre & Fitness, its directors, and the VIBE instructors, staff and volunteers from any and all liability, claim, demand or action that I may have resulting from injury, death or damages arising from my participation in the class/workshop or at the studio, including loss that may be caused by the negligence of the released party. This includes participation in classes/workshops held away from the VIBE premises.
- I release and discharge Mountain Yoga o/a VIBE Yoga, Pilates, Barre & Fitness, its directors, its instructors, staff and volunteers from any and all liability, claim, demand or action that I may have related to the loss, theft or damage of any of my personal property from the VIBE premises.
- We understand that instructors under contract with Mountain Yoga o/a VIBE Yoga, Pilates, Barre & Fitness have additional sources of revenue. VIBE stands independently and declares no affiliation, sponsorship, nor partnerships with any registered trademarks that VIBE instructors may be involved with or employed by.
- I recognize that this agreement of release and waiver of liability is a legal contract and that, by reading it carefully, I have complete knowledge of its contents. I have read this agreement and fully understand its content and meaning and sign it of my own free will and I am over the age of 18.

DATE

PHONE NUMBER

SIGNATURE

IF THE PARTICIPANT IS UNDER THE AGE OF 18:

As a legal guardian of _____, I consent to the above terms and conditions and grant my permission for the above named minor. I understand that my child must be over the age of 14 to attend HOT yoga.

DATE

PHONE NUMBER

SIGNATURE OF PARENT/GUARDIAN